Training and Technical Assistance Related to COVID-19 Resources from MHTTC

MHTTC main page: https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

Recorded Webinars:

• Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat! https://youtu.be/bRGZO7LaAqo

Upcoming webinars:

 Changing the Conversation about Mental Health to Support Students During a Pandemic - April 9, 2020 – https://wiche.zoom.us/meeting/register/v5csf-2gpjluZPbtD8qPghOaNNqgvLyOjQ

 Changing the Conversation About Mental Health - How do we Come Back to the New Normal? – April 13, 2020 -

https://wiche.zoom.us/meeting/register/uJYlcu2oqzwuXiNmGW8gO2vy5y4ovyjkOQ

ATTC Resources

OTP Questions Regarding Sustaining Operations During the Uncertain and Turbulent Times - AATOD, ATTCs, and AAAP are collecting questions from OTPs related to sustaining care, providing support and maintaining a safe work environment for staff during these turbulent and uncertain times. We will compile all questions, work with field experts to determine responses, and develop and disseminate a "FAQ" document.

https://attcnetwork.org/centers/global-attc/otp-questions-during-challenging-times-form

Compassion Fatigue and the Behavioral Health Workforce Curriculum Infusion Package - This 5-part Curriculum Infusion Package (CIP) on Compassion Fatigue and the Behavioral Health Workforce was developed in 2020 by the Pacific Southwest Addiction Technology Transfer Center (PSATTC). Part 1 provides a brief overview of the behavioral health workforce and associated shortages, and introduces the demands on the workforce. Part 2 focuses on compassion fatigue and secondary traumatic stress. Part 3 provides a brief overview of how organizations can help individuals avoid experiencing burnout. Part 4 focuses on actions that behavioral health professionals can take to prevent compassion fatigue. And Part 5 focuses on self-care as an ethical duty in order to manage compassion fatigue. https://attcnetwork.org/centers/pacific-southwest-attc/news/compassion-fatigue-and-behavioralhealth-workforce-curriculum

Resources from SMI Adviser

SMI Adviser Coronavirus Resources: <u>https://smiadviser.org/about/covid</u>

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Recorded Webinars

- Managing the Mental Health Effects of COVID-19 - <u>https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI</u> <u>Adviser_COVID19_Email&utm_medium=March2020</u>
- Telepsychiatry in the Era of COVID-19 -https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Ema_ulkutm_medium=WebinarEmail